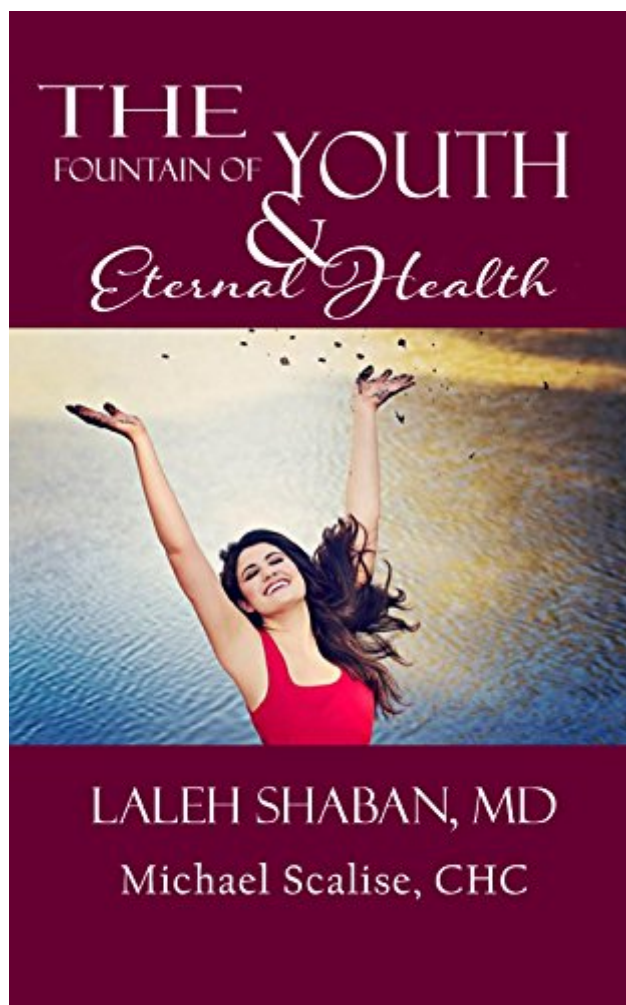


The book was found

# The Fountain Of Youth And Eternal Health



## Synopsis

People have been searching for a Fountain of Youth since at least 1521, when Ponce de Leon discovered what he thought was the Fountain of Youth, in Florida. According to the Zion Market Research Report, global demand for Anti-Aging remedies and cures was valued at \$140.3 billion in 2015, is expected to reach \$216.52 billion in 2021. Dr. Laleh Shaban, author of The Fountain of Youth & Eternal Health, says, "The Fountain of Youth is real" but if you want to find it you have to look inside your own body.

- What to do if you want to access your Fountain of Youth: 1) Don't trust physicians 2) Think Positive 3) Balance Your Hormones 4) Detoxification (B-ROLL: Infra-red Sauna, IV treatment 5) Lifestyle changes 6) Sleep 7) 7 Hugs a Day Stress Management

The fountain of youth is available for everyone, but it's each person's responsibility to create it within themselves.

## Book Information

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