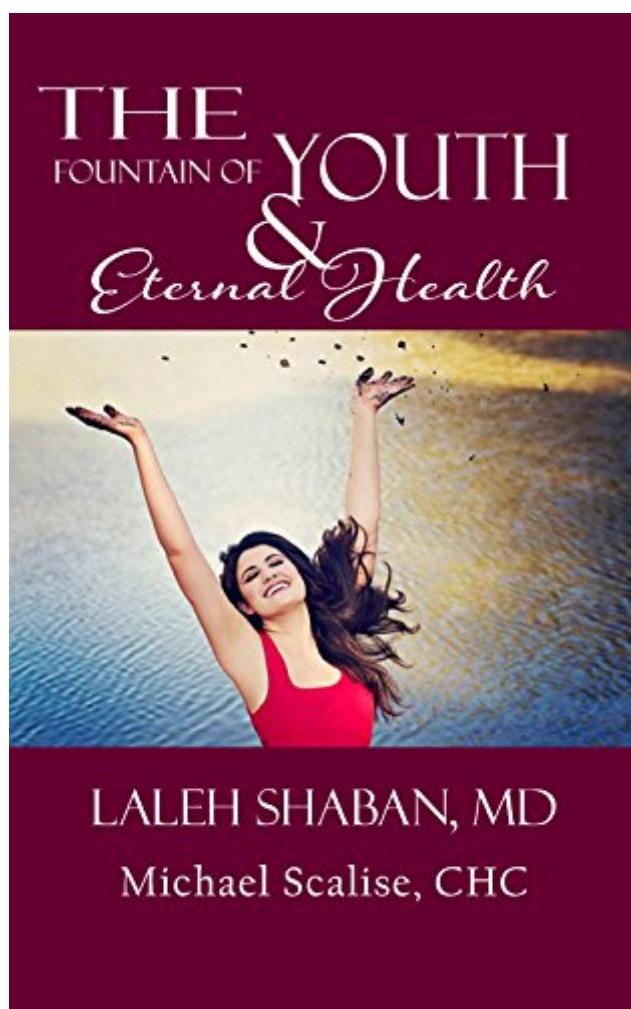


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# The Fountain Of Youth And Eternal Health



## Synopsis

People have been searching for a Fountain of Youth since at least 1521, when Ponce de Leon discovered what he thought was the Fountain of Youth, in Florida. According to the Zion Market Research Report, global demand for Anti-Aging remedies and cures was valued at \$140.3 billion in 2015, is expected to reach \$216.52 billion in 2021. Dr. Laleh Shaban, author of The Fountain of Youth & Eternal Health, says, "The Fountain of Youth is real" but if you want to find it you have to look inside your own body. • What to do if you want to access your Fountain of Youth: 1) Don't trust physicians 2) Think Positive 3) Balance Your Hormones 4) Detoxification (B-ROLL: Infra-red Sauna, IV treatment 5) Lifestyle changes 6) Sleep 7) 7 Hugs a Day Stress Management The fountain of youth is available for everyone, but it's each person's responsibility to create it within themselves.

## Book Information

File Size: 1540 KB

Print Length: 6 pages

Simultaneous Device Usage: Unlimited

Publication Date: September 30, 2017

Sold by: Digital Services LLC

Language: English

ASIN: B0744L145F

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Not Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #237,709 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #4 in Kindle Store > Kindle eBooks > Medical eBooks > Physician & Patient > Medical Procedure #14 in Kindle Store > Kindle eBooks > Medical eBooks > Special Topics > Biotechnology #25 in Kindle Store > Kindle Short Reads > 15 minutes (1-11 pages) > Health, Fitness & Dieting

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